

2011 Rules Clinic

Introduction

Welcome to the 2011 New Mexico Activities Association High School Cross Country Season. My first order of business is to congratulate Albuquerque Academy Cross Country and Track and Field Coach Adam Kedge for being named the National High School Track and Field Coach of the Year for the 2010-11 school year. What a tremendous honor it is to see one of our own be so highly respected at the National level; and as we all know, it couldn't happen to a nicer guy!

Please familiarize yourself with Sections VI and VII of the NMAA Bylaws, which can be found on the NMAA website at nmact.org under Handbook and Forms. There have been several recent adjustments made to transfer guidelines, grade reporting timelines, out of season coaching regulations, Cross Country sports specific regulations, etc., that are important for you to know and fully comprehend. Should you have eligibility questions, or any questions regarding rules and regulations, please don't hesitate to contact us at the NMAA. Our purpose here is to serve you!

Best wishes to each and every one of you. I understand how passionate you all are about this great sport and how excited you are to get going. Please remember it is a long season and it's better for your team to be strong late than early. Make sure that your kids are well hydrated, properly conditioned and of most importance, having fun!

Rudy